



# ALL LIFE IS SACRED

Earth and Being retreat 20 - 23 August 2026

ROSELIDDEN FARM Trevenen Bal Helston Cornwall TR13 0PT

with Louanne Richards and Jos Hadfield

## All life is sacred

We encounter spiritual impulses in every living entity whether human, animal or plant. Brushwork and T'ai chi are inspirational ways of relating to the intangible source that permeates all of Nature.

Join us in this joyful exploration in the elemental beauty of Cornwall.

### **20 Aug - 23 Aug**

Arriving Thursday 20th from 4pm  
Leaving Sunday 23 from 10.30

Price £295

All materials provided,  
except towels.

Accommodation is variously offered in shared rooms or an onion tent (bell/yurt tent); there is also space for your own tent. We try to keep it simple- just being with the earth and the natural flow of the elements.

For more info contact Louanne  
louannerichards@gmail.com  
or Jos on 07889 218824

To book please contact  
jos@roselidden.co.uk