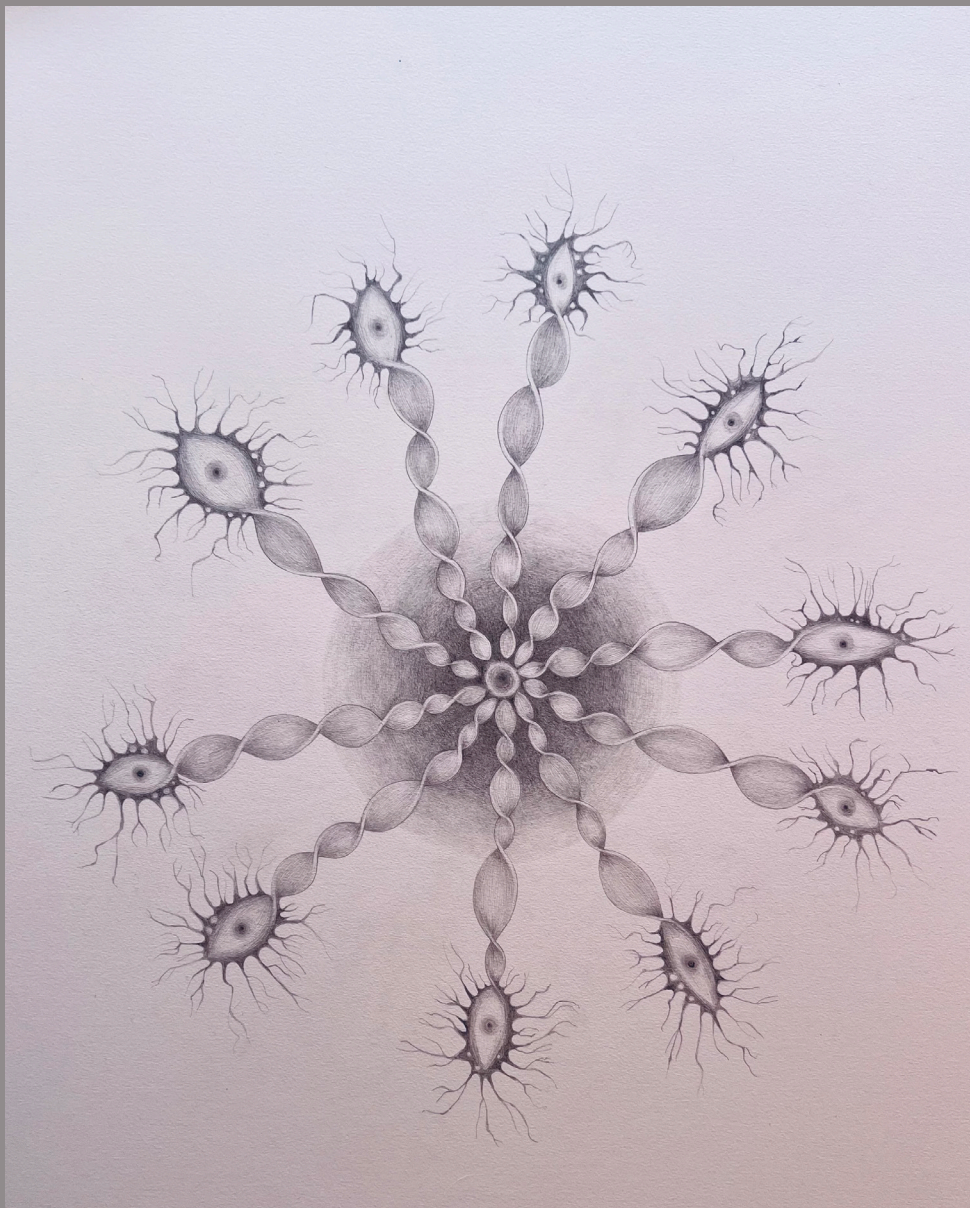


Feeling the Future
Summer retreat with
Tew Bunnag & Denys Blacker
13th (17h) - 16th July 2024 (13h)

at Les Gavatxes,
Carretera d'Oix a Beget
17867 Camprodon Girona



Denys will focus on exploring the skill of improvisation to discover states of consciousness, in which the ordinary sense of time, space and causality is altered and the apparition of something sensed, but not yet seen or understood, can emerge. From within this experience it is possible to feel a deep sense of interconnection, not only with others in the space at that particular moment, but across space and time.

Tew will be sharing practices from the Buddhist and Taoist traditions that nurture our capacity to listen with the body and the heart, and to develop an intuitive awareness that engages with what is happening around us and within us in a direct, open way, beyond the intellectual and analytical.

The combination of these approaches will help to develop the capacity of 'feeling the future' not just for our individual selves but for the collective of which we are a part.

More information and booking:
blackerdenys@gmail.com / tewbunnag@hotmail.com