



Tending Peace

Day Retreat with Sue Webber

Saturday 17th February 2024

The Jurgen Centre,
91 Harvest Rd, Englefield Green
Egham TW20 0QR

Saturday 10am - 5.30pm

Coming together to explore peace using the rich language of the form, partner work and chi kung, we will experience the peace found in T'ai Chi. Connecting and moving together, we will also deepen awareness of the many other qualities we experience in this martial art.

The AGM will begin at 3.30pm (with cake!)

It will also be available on Zoom.

You are invited to arrive from 9.30 for a prompt start at 10. Please bring a vegetarian or vegan dish to share at lunch and mark as gluten free where possible.

And, if you can, your own meditation cushion and blanket.

£45/£40 members
(concessions available)

retreats.estcc@gmail.com

Please try to book by 12 February,
European School of T'ai Chi Ch'uan

Sort code 30-93-94

A/C 00241242

Please use your last name as ref

